

Boys Spring Track & Field 2023

33-Varsity Letter Award Winners

FINAL LIST

13-Seniors	12-Juniors	6-Sophomores	2-Freshman
Alvarez	Anello	Fazzini	Quinn
Bellino	Gannon	Jones	Fleetwood
D'Andria	Simmons	Healy	
Luzzi	Raines	Skoda	
Roman	Shotter	Cusak	
Espinal	Surozenski	DeVito	
Fasano	Seifert		
Josaphat	Guato		
Fasano	Legagneur		
Tinti	Rivera		
Oviedo-Torres	SanFilippo		
Aleaga	Scuro		
Partyka			

Requirements to earn a Varsity Track & Field Letter

*All juniors and seniors that make the team have qualified if they fulfill all requirements

*Freshmen and Sophomores obtain the results posted below will qualify for a varsity letter

*An athlete must be in good standing on the team and in school to qualify

*An athlete must be invited and available to compete in the NSCHSAA Varsity League Championships

<u>Running Events</u>		<u>Field Events</u>
100m Dash: 12.24	1600m Run: 4:58	Long Jump: 17' 6"
110m HH: 18.74	3200m Run: 10:40	Triple Jump: 37' 6"
200m: 26.24	3000m SC: 10:40	High Jump: 5'
400m Dash: 58.00	2000m SC: 7:00	Pole Vault: 8'
400m IH: 62.50		Shot Put 12lb: 34' – 30' (8lb)
800m: 2:10		Discus: 95'

*Athletes that are VERY close can be added at the coaches' discretion

All others will be awarded a JV Letter or a Freshman Certificate